



THE CHANDI

BOUTIQUE RESORT & SPA

Mandri SPA

"Escape the stress of everyday life and indulge in total relaxation at our luxurious wellness hotel spa"

Visiting a spa can offer numerous benefits for both the mind and body. Spa treatments can help relax and rejuvenate the body, reduce stress and improve overall well-being. Massages and other body treatments can help improve circulation and promote healing, alleviate muscle and joint pain, and improve sleep quality. Facials and other skincare treatments can help improve the appearance and health of the skin. Steam rooms and saunas can help improve immune system function. The pampering and self-care that comes with a spa visit can also boost self-esteem and improve overall well-being.





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GENERAL

- *Reservations should be made at least 30 min before the treatment starts. For reservations contact our Front Desk.*
- *Our Spa is daily open from 9:00 AM till 18.00 PM, treatment after these operation hours are possible please contact our Front Desk.*
- *Guest who are pregnant, have high blood pressure, heart disease, allergies or any other physical ailments or disabilities are advised to consult their doctor before signing up for any spa services. Kindly make your spa therapist aware of any medical conditions.*
- *We encourage all guests to store valuables in the provided safety deposit box during their spa treatment. We are not responsible for loss of money or valuables of and kind brought to the spa premises.*



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BODY MASSAGE

- **RELAXING AROMATHERAPY MASSAGE (60 MIN) / (90 MIN)**

This refreshing massage treatment uses aromatic oils and a relaxing water flow massage technique that vitalizes long strokes, skin rolling, thumb and palm pressure to relieve stress, stimulate the senses and recharges your body, mind and spirit.

RP. 250.000 ++

RP. 350.000 ++

- **DEEP TISSUE MASSAGE (60 MIN) / (90 MIN)**

Deep Tissue Therapy focuses on the deeper layers of muscle. The slow movement is counter - balanced by the deep finger pressure, directly to the muscle and fascia areas, helping to reduce chronic tension, stress and muscle pain

RP. 250.000 ++

RP. 350.000 ++

- **SHIATSU MASSAGE (60 MIN) / (90 MIN)**

It's a massage movement using finger pressure and massage without applying oil to calm the overactive sympathetic nervous system, which increase circulation, reduces muscle stiffness, and eases stress.

RP. 250.000 ++

RP. 350.000 ++

- **AYURVEDHA (90 MIN)**

A daily full-body warm oil massage therefore acts as a powerful recharger and rejuvenator of mind and body. The ayurvedic massage is traditionally performed in the morning, before your bath or shower, to facilitate the release of toxins that may have accumulated during the previous night.

RP. 450.000 ++

- **FOOT MASSAGE (60 MIN)**

Enjoy an exquisite foot massage based on the ancient art of stimulating pressure points on the feet to balance body systems.

RP. 250.000 ++

- **BACK & SHOULDER MASSAGE (30 MIN / 60 MIN)**

Enjoy an exquisite foot massage based on the ancient art of stimulating pressure points on the feet to balance body systems.

RP. 150.000 ++

RP. 250.000 ++



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BODY TREATMENT

- **BODY SCRUB (60 MIN)**

RP. 300.000 ++

Scrub is hereditary existed and popular body treatment. Scrub is a peeling technique of the dead skin to get smooth skin and tender skin

- **BODY WRAP (60 MIN)**

RP. 300.000 ++

The ultimate indulgence and wellness for the body. A body wrap with natural fresh product encouraging blood circulation that will relax you and assist the body in the removal of toxins.

- **BODY MASK (60 MIN)**

RP. 300.000 ++

Similar to a facial mask, a body mask is intended to detoxify and refine the skin.

- **SUNBURN TREATMENT (60 MIN)**

RP. 300.000 ++

Drench your sun kissed skin in this cooling and soothing Aloe Vera or Cucumber Body Wrap. Enjoy a relaxing scalp massage and finish off with a hydrating body moisturizer leaving your skin vibrant and supple.

- **AFTER THE RINJANI (90 MIN)**

RP. 350.000 ++

This treatment will help you to get back your former strength and release aches and pain that your perhaps suffer after amazing hike on the summit of THE RINJANI. A leg treatment which includes lower legs and your feet's will help to stimulate circulation and pain release. After that your hands and arms will be massaged. A back and shoulder therapy finish this treatment.



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FACE AND HAIR TREATMENT

- **NATURAL FACIAL (60 MIN)**

RP. 300.000 ++

Facials are basically any kind of skin care treatment specifically meant for the face; it cleans your face with a natural ingredient. The cleanser is made from mixture of yogurt and honey and the scrub is made from mixture of yogurt and sugar. Enjoy a relaxing face massage with olive oil to rejuvenate your skin as well as a face mask made from white egg to reduce your skin pore and finish off by using moisturizer to remove your dry skin

- **CREAM BATH (60 MIN)**

RP. 450.000 ++

Enjoy the scalp and shoulder massage that will relax your mind. The cream will be applied on your hair while the therapist does the massage then steam your hair using warm towels in purpose to absorb the cream to your scalp, it will also nourish your scalp.

- **HAIR MASK (60 MIN)**

RP. 450.000 ++

Similar to cream bath, this treatment is the best for damaged hair because of the hair smoothing, colouring, curling, hair loss. Hair cream will be applied on your scalp and hair, you can also enjoy scalp massage afterwards the warm towels will cover your hair for nourishing your scalp and hair.



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SPA RITUAL



- **BEAUTY OF CHANDI (90 MIN)**

RP. 500.000 ++

(MASSAGE / BODY WRAP / FLOWER BATH)

Relaxing during a 60 minutes Body Massage of your choice followed by Body leaving your skin velvety smooth. The flower bath allows you to enter to total relaxation.

- **SECRET OF CHANDI (120 MIN)**

RP. 600.000 ++

(MASSAGE / BODY SCRUB / MILK BATH)

Indulge in an exhilarating Body Scrub leaving your skin exfoliated and velvety smooth followed by a 60 minutes Body Massage of your choice. Finally, finish off with a moisturizing milk bath for long lasting smooth skin effect.

- **CHANDI SIGNATURE (150 MIN)**

RP. 900.000 ++

(MASSAGE / BODY SCRUB / BODY WRAP OR BODY MASK / MILK BATH)

Let all your sorrows behind and enjoy yourself. The CHANDI SIGNATURE treatment start with and skin smoothing body scrub to remove dead skin. Afterwards a 60 minutes body massage of your choice will bring you a deep relaxation. Then make your choice if a body will encourage your blood circulation and remove toxins or make your decision for a body mask to detoxify and refine your skin. The final is a milk bath for a perfect and soft skin.